

TAYLOR F. D. VIGOUREUX

Formerly (2015-2018), Taylor F. Drury

researchgate.net/profile/Taylor_Vigoureux | [linkedin.com/in/taylor-vigoureux-94218957/](https://www.linkedin.com/in/taylor-vigoureux-94218957/)

Visiting Professor, Department of Psychology, University of North Florida

1 UNF Drive Building 51 Jacksonville, FL 32224

RESEARCH INTERESTS

Stress; sleep; well-being; affect; cancer survivorship; quality-of-life; aging across the lifespan; psychophysiology; neuroscience; micro-longitudinal methods (e.g., daily diary, ecological momentary assessment, actigraphy); allostatic load; nurses; workers; multilevel modeling

EDUCATION

2017 – 2022

Doctor of Philosophy Aging Studies

University of South Florida, Tampa, Florida

Dissertation: Breaking the Vicious Cycle: The Dynamic Sleep—Stress Interplay and its Association with Daily Well-being Among Cancers

Advisors: Drs. Soomi Lee and Brent Small

2014 – 2016

Bachelor of Science Psychology

University of North Florida, Jacksonville, Florida

Thesis: Self-Monitoring and Romantic Jealousy: The Public versus Private Nature of Infidelity

Chair: Dr. Christopher Leone

RESEARCH

Research & Professional Experience

Manager, **Sleep, Stress, & Health (STEALTH) Lab**

January 2019 – January 2022

University of South Florida, Tampa, FL

Principal Investigator: Soomi Lee, Ph.D.

- Built the lab from the ground up, establishing standard operating procedures, hiring research assistants, and ensuring smooth day-to-day productivity
- Cultivated a family-like, collaborative environment, allowing every member to contribute their personal strengths to form a cohesive and productive unit
- Trained, oversaw, and mentored 20+ undergraduate in coordinating data collection, analyzing data, writing manuscripts, developing conference presentations, presenting findings to the general public, maintaining professionalism, and establishing a career path
- Planned and orchestrated successful participant recruitment and data collection for more than 180 oncology nurses and direct-care workers for a multi-site, three-part study on sleep health and work performance (including ecological momentary assessments and actigraphy)

- Transformed a complex, three-part study protocol to fully-remote during the COVID-19 pandemic through problem solving and time management skills
- Cleaned and managed data for intensive repeated measures (up to 4 times per day) data and regularly conducted complex statistical analyses such as multilevel modeling and generalized linear mixed models
- Learned, taught, and participated in scoring sleep actigraphy data, demonstrating an ability to learn new technologies, software, and coding techniques
- Co-authored four manuscripts for undergraduate research assistants that are currently in various stages of writing or submission for publication

Research Trainee, **Health Outcomes and Behavior Program**

January 2018 – Present

Moffitt Cancer Center, Tampa, FL

Supervisors: Heather Jim, Ph.D., Brent Small, Ph.D., Laura Oswald, Ph.D., & Brian Gonzalez, Ph.D.

- Supported the development of an IRB proposal for a project on cognition in adolescents and young adults with cancer
- Attended weekly meetings and contributed to critiquing conference presentations, results sections, grants, and other miscellaneous work
- Collaborated with various Moffitt researchers and scholars from other institutions on projects that focus on quality of life issues in adolescent and young adults with cancer as well as head and neck cancer patients
- Co-organizer of “Staying Connected” initiative, a virtual network of research-related and non-research-related interest groups, during the COVID-19 pandemic
 - Introduction to Coding Interest Group – presenter
 - Survivorship and Quality of Life in Cancer Interest Group – leader and presenter
- Participated in regular trainings related to responsible conduct of research and professional development
 - The Scientist as a Responsible Member of Society – Susan Vadaparampil, Ph.D.
 - Removing the Power of your Bias – Desirée Chachula, Ph.D.
 - Human Subjects in Research - Georgomaly Estronza, M.S., C.I.P.
 - Patient Researcher Forum – Presentation from Three Metastatic Breast Cancer Patients Sharing their Cancer Journey to Inspire Research
 - Elevator Pitch Workshop

Lab Coordinator, **Functional Near-Infrared Spectroscopy (fNIRS) Lab** *July 2016*

(Origination) – May 2017

University of North Florida, Jacksonville, FL

Supervisor: Katherine Hooper, Ph.D.

- Trained myself and others how to use fNIRS equipment and potential research applications
- Managed all administrative duties including scheduling, website management, etc.

- Completed and submitted an IRB proposal for a project on the valence hypothesis
- Conducted literature reviews on fNIRS and valence hypothesis
- Mentored lab members on the development of research posters and presentations

Research Assistant, **Person by Situation Research Team**

January 2015 – May 2017

University of North Florida, Jacksonville, FL

Supervisor: Christopher Leone, Ph.D.

- Facilitated data collection for eighty participants, cleaned raw data, and wrote a method section for a MA student's thesis
- Developed my own study and successfully wrote my undergraduate honors thesis based on my findings
- Conducted literature reviews on and psychometric evaluations for measures of self-monitoring, attachment style, romantic jealousy, and sociosexual orientation
- Peer-reviewed posters, presentation abstracts, and manuscripts and trained lab members on effective conference networking
- Gained proficiency in an online participant pool system (SONA)

Manuscripts (†Undergraduate Student)

Joshi, R. †, **Vigoureux, T. F. D.**, Lee, S. (*under review*). Daily association of stressors with perceived cognitive abilities: Moderating role of age.

Oswald, L. B., Arredondo, B., Geiss, C., **Vigoureux, T.**, Hoogland, A. I., Chung, C., Muzaffar, J., Patel, K. B., Gonzalez, B. D., Jim, H. S. L., & Kirtane, K. Considerations for developing supportive care interventions for patients with head and neck cancer. *Psycho-Oncology*. *In Press*.

Harris, T. P. †, **Vigoureux, T. F. D.**, Lee, S. (2021). Daily associations between sleep and stressors in nurses with and without children. *Journal of Sleep Research*, e13505.

Vigoureux, T. F. D., Mu, C. X., Mason, T. M., Gonzalez, B. D., & Lee, S. (2022). Making the most of adversity: A fully-remote ecological momentary assessment and actigraphy recruitment protocol. *Nursing Research*, 71(2).

<https://doi.org/10.1097/NNR.0000000000000561>

Vigoureux, T. F. D. & Lee, S. (2021). Individual and joint associations of daily sleep and stress with daily well-being in hospital nurses: An ecological momentary assessment an actigraphy study. *Journal of Behavioral Medicine*, 44(3), 320-332.

<https://doi.org/10.1007/s10865-021-00207-z>

Vigoureux, T. F. D., Nelson, M. E., Andel, R., Small, B. J., Dávila-Roman, A. L., & Crowe, M. (2021). Job strain and late-life cognition: Findings from the Puerto Rican Elderly Health Conditions Study. *Journal of Aging and Health*, 33(3-4), 273-284.

<https://doi.org/10.1177/0898264320977329>

Lee, S., **Vigoureux, T. F.**, Hyer, K., & Small, B. J. (2020). Prevalent insomnia concerns and perceived need for sleep intervention among direct-care workers in long-term care.

Journal of Applied Gerontology. <https://doi.org/10.1177/0733464820978612>

Vigoureux, T. F. D., Lee, S., Buxton, O. M., & Almeida, D. M. (2019). Stressor reactivity to insufficient sleep and its association with body mass index in middle-aged workers. *Journal of Sleep Research, 29*(6), e12955. <https://doi.org/10.1111/jsr.12955>

Fuglestad, P. T., Leone, C. A., & **Drury, T.** (2019). Protective and acquisitive self-monitoring differences in attachment anxiety and avoidance. *Self and Identity, 2*(19), 219-234. <https://doi.org/10.1080/15298868.2019.1570969>

Conference Presentations (†Undergraduate Student; *Remote Conference due to COVID-19)

Armstrong, G., Oswald, L., Vigoureux, T., Gaumond, J., Miller, C., Sanford, S., Salsman, J., Victorson, D., Fox, R. (2022, March). *The prevalence and correlates of social isolation and connectedness among young adult cancer survivors: A systematic review*. Poster to be presented at the 19th Annual Meeting of the American Psychosocial Oncology Society, Portland, OR

Oswald, L. B., Arredondo, B., Geiss, C., **Vigoureux, T.**, Hoogland, A. I., Chung, C., Muzaffar, J., Patel, K. B., Gonzalez, B. D., Jim, H. S. L., & Kirtane, K. (2022, November). *Considerations for developing supportive care interventions for patients with head and neck cancer*. Poster to be presented at the 43rd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Baltimore, MD

Vigoureux, T. F. & Lee, S. (2021, November). *Associations of daily sleep and stress with rumination: An ecological momentary assessment and actigraphy study*. Symposium on Sleep and Health presented at the Gerontological Society of America (GSA) Conference, Pheonix, AZ*

Vigoureux, T. F., Mu, C. X., & Lee, S. (2021, November). *Making the most of adversity: A fully remote ecological momentary assessment and actigraphy study of hospital nurses*. Poster presented at the Gerontological Society of America (GSA) Conference, Pheonix, AZ*

Richardson, C. †, **Vigoureux, T. F.**, & Lee, S. (2021, November). *Will I feel this in my dreams? Examining temporal associations between daytime and dream affect*. Poster presented at the Gerontological Society of America (GSA) Conference, Pheonix, AZ*

Vigoureux, T. F., Nelson, M. E., Andel, R., Small, B. J., Dávila-Roman, A. L., & Crowe, M. (2020, November). *Job strain and late-life cognition: Findings from the Puerto Rican Elderly Health Conditions Study*. Poster presented at the Gerontological Society of America (GSA) Conference, Philadelphia, PA*

Joshi, R. †, **Vigoureux, T. F.**, & Lee, S. (2020, November). *Daily Stressors Degrade Perceived Cognitive Abilities in Healthcare Professionals*. Poster presented at the Gerontological Society of America (GSA) Conference, Philadelphia, PA*

Richardson, C. †, **Vigoureux, T. F.**, & Lee, S. (2020, November). *Emotional tone of dreams and daily affect*. Poster presented at the Gerontological Society of America (GSA) Conference, Philadelphia, PA*

- Harris, T. †, **Vigoureux, T. F.**, & Lee, S. (2020, November). *Daily association between sleep and stressors: The role of caregiving at work and at home*. Poster presented at the Gerontological Society of America (GSA) Conference, Philadelphia, PA*
- Venetto, A. †, **Vigoureux, T. F.**, & Lee, S. (2020, November). *Daily association between sleep and stressors: Role of personality traits*. Poster presented at the Gerontological Society of America (GSA) Conference, Philadelphia, PA.*
- Vigoureux, T. F. D.**, Lee, S., Buxton, O. M., & Almeida, D. M. (2020, June). *Stressor reactivity to insufficient sleep in oncology nurses: Does work shift matter?*. Poster presented at the Annual Sleep Meeting, Philadelphia, PA.*
- Lee, S., **Vigoureux, T. F.**, Hyer, K., & Small, B. J. (2020, November). Prevalent insomnia concerns and perceived need for sleep intervention among direct-care workers in long-term care. Paper presented at the Gerontological Society of America (GSA) Annual Scientific Meeting Online.
- Lee, S., **Vigoureux, T. F.**, Hyer, K., & Small, B. J. (2020, August). Prevalence of insomnia symptoms and need for an intervention among direct-care workers in long-term care. Paper presented at the 2020 Florida Conference on Aging Virtual Workshops.
- Vigoureux, T. F. D.**, Lee, S., Buxton, O. M., & Almeida, D. M. (2019, November). *Stressor reactivity to insufficient sleep is associated with body mass index in middle-aged workers*. Poster presented at the Gerontological Society of America (GSA) Conference, Austin, TX.
- Lee, S., **Vigoureux, T. F. D.**, Buxton, O. M., & Almeida, D. M. (2019, June). *Stressor reactivity to insufficient sleep is associated with body mass index in middle-aged workers*. Paper and Poster presented at Sleep 2019 – The 33rd Annual Meeting of the Associated Professional Sleep Societies, LLC (APSS), San Antonio, TX.
- Drury, T. F.**, Andel, R., Small, B. J., Davila, A. L., Crowe, M. (2018, November), *Job strain and cognitive decline in the Puerto Rican Elderly: Health Conditions Study*. Symposium on Work Environment and Cognitive Aging presented at the Gerontological Society of America Conference, Boston, MA.
- Drury, T. F.**, Andel, R., Small, B. J., Davila, A. L., Crowe, M. (2018, May), *The impact of job strain on cognition in a Puerto Rican sample*. Poster session presented at the Cognitive Aging Conference, Atlanta, GA.
- Drury, T. F.**, Leone, C. A. (2017, April), *Self-monitoring and relationship attachment: Individual differences in concern about abandonment*. Poster session presented at the (63rd) Annual Southeastern Psychological Association Conference, Atlanta, GA.
- Drury, T. F.**, Andolina, T. L., & Leone, C. A. (2016, April), *The Green-Eyed Monster: Self-monitoring differences in infidelity*. Poster session presented at the (62nd) Annual Southeastern Psychological Association Conference, New Orleans, LA.
- Drury, T. F.**, Andolina, T. L., & Leone, C. A. (2016, April), *The “Green-Eyed Monster”: Self-monitoring differences in romantic jealousy*. Symposium presented at the (15th) Annual Showcase of Osprey Advancements in Research & Scholarship, Jacksonville, FL.

- Drury, T. F., & Leone, C. A.** (2016, February), *The private versus public nature of infidelity: self-monitoring and romantic jealousy*. Poster session presented at the (6th) Annual Florida Undergraduate Research Conference, Tampa, FL.
- Drury, T. F., Andolina, T. L., & Leone, C. A.** (2015, April), *Attachment styles and types of jealousy: The many shades of the “Green-Eyed Monster.”* Poster session presented at the (14th) Annual Showcase for Ospreys Advancements in Research and Scholarships, Jacksonville, FL.
- Drury, T. F., Andolina, T. L., & Leone, C. A.** (2015, November), *Attachment styles and types of jealousy: The many shades of the “Green-Eyed Monster.”* Poster session presented at the (37th) Annual Society of Southeastern Social Psychologists Conference, Winston-Salem, NC.

Professional Service

- Ad hoc reviewer, *Sleep* *February, 2019*
- Co-reviewer under the mentorship of Soomi Lee, Ph.D.
- Ad hoc reviewer, *Psychological Medicine* *July, 2018*
- Co-reviewer under the mentorship of Ross Andel, Ph.D.

PROFESSIONAL DEVELOPMENT

Funding

- Dissertation Completion Fellowship, Summer, 2022
- Graduate Research Assistant, R56 (PI: Soomi Lee, PhD), Spring, 2021
- Graduate Research Assistant, New Researcher Grant (PI: Soomi Lee, PhD), Summer, 2020 – Fall 2020
- Graduate Research Assistant, New Researcher Grant (PI: Soomi Lee, PhD), Summer, 2019
- Graduate Research Assistant, College of Behavioral and Community Sciences Grant (PI: Soomi Lee, PhD), Fall, 2019
- SMART Grant (Undergraduate Research Grant) Awarded 2016, University of North Florida
- Travel Grant for SEPA Conference 2016, University of North Florida
- Travel Grant for FURC Conference 2016, University of North Florida
- Travel Grant for SSSP Conference 2015, University of North Florida

Miscellaneous Workshops

- Moffitt Cancer Center
 - Simple Steps to Dream Job in Industry – Jayanika Samaranayake, PhD
 - Rethinking Impostor Syndrome: Why Capable People Feel Like Impostors and What to Do About It – Valerie Young, Ph.D.
- Scismic
 - Open Networking – Erin McKay, PhD

- National Cancer Institute
 - Virtual Meeting on Survivorship Needs for Individuals Living with Advanced and Metastatic Cancers

Honors and Awards

- Behavioral and Social Sciences Student Travel Award, November 2021, Gerontological Society of America
- Honors in the Major, December 2016, University of North Florida
- Student Scholar Award, Showcase of Osprey Advancements in Research and Scholarships 2016, University of North Florida
- Student Scholar Award, Showcase of Osprey Advancements in Research and Scholarships 2015, University of North Florida

Professional Memberships

- The Gerontological Society of America, Fall 2020 – Fall 2021
- The American Academy of Sleep Medicine, Summer 2020 – Summer 2021
- Secretary – Student Association for Aging Studies, Fall 2017 – Spring 2019
- Association for Psychological Science, Fall 2017 – Spring 2018, Summer 2020 – Summer 2021

Certifications

- Collaborative Institutional Training Initiative (CITI), Fall 2017
- Dr. Buxton's (Penn State) Actigraphy Scoring Bootcamp, Spring 2019

Methodological Skills

- Experience in conducting multiple advanced statistical analyses, including Linear Regression, Logistic Regression, Moderation, Mediation, Multilevel Modeling, Structural Equation Modeling, and Generalized Linear Mixed Modeling
- Extensive experience in SAS with competency in SPSS and R
- Experience with secondary datasets such as the Midlife in the United States (MIDUS) and the Work, Family, and Health Study
- Mastery in multiple survey softwares, including Qualtrics and LifeData
- Mastery in Actiware and Dr. Orfeu Buxton's (Penn State) custom actigraphy scoring GUI

INSTRUCTION

Teaching Interests

Developmental Psychology, Research Methods, Gerontology, Statistical Analyses, Social Psychology, Experimental Psychology, Theories of Personality, Health Psychology, Behavioral Neuroscience, Close Relationships

Instructional Experience

DEP2004: The Life Cycle (Online), Instructor, Summer 2021, USF Behavioral & Community Sciences

DEP2004: The Life Cycle (Online), Instructor, Spring 2021, USF Behavioral & Community Sciences

DEP2004: The Life Cycle (Online), Instructor, Fall 2020, USF Behavioral & Community Sciences

DEP2004: The Life Cycle (Online), Instructor, Summer 2020, USF Behavioral & Community Sciences

DEP2004: The Life Cycle (Online), Instructor, Spring 2020, USF Behavioral & Community Sciences

DEP2004: The Life Cycle (Online), Instructor, Fall 2019, USF Behavioral & Community Sciences

DEP2004: The Life Cycle (Online), Instructor, Summer 2019, USF Behavioral & Community Sciences

GEY4612: Psychology of Aging, Instructor, Spring 2019, USF Behavioral & Community Sciences

GEY4612: Psychology of Aging, Instructor, Fall 2018, USF Behavioral & Community Sciences

DEP2004: The Life Cycle, Teaching Assistant, Nasreen Sadeq, Summer 2018, USF Behavioral & Community Sciences

DEP2004: The Life Cycle, Teaching Assistant, Maureen Templeman, Summer 2018, USF Behavioral & Community Sciences

GEY4612: Psychology of Aging, Teaching Assistant, Nasreen Sadeq, Fall 2017, USF Behavioral & Community Sciences

Guest Lectures

GEY4612: Psychology of Aging, Guest Lecture on Sleep, Dr. Soomi Lee, Fall 2019

GEY2004: The Life Cycle, Guest Lecture on Attachment Style, Dr. Lindsay Peterson, Fall 2017

ADDITIONAL EXPERIENCE

Freelance Work

November 2021 – Present

- Tutoring a Ph.D. Candidate in Norway on statistical analyses including basics (e.g., descriptive statistics, t-tests) to advanced (e.g., multilevel modeling) from both theoretical and applied (i.e., RStudio and SPSS) perspectives
- Serving as a consultant for a DNP student's thesis project with specific consulting duties including survey development (Qualtrics), recruitment, data management, and statistical analyses

Mental Health Technician on the Children's Unit

August 2013 – October 2014

Mental Health Center of Jacksonville and Mental Health Resource Center

- Monitored up to 30 patients at a time and recorded their behavior
- Conducted wellness interviews for each patient two times per day
- Measured and recorded vital signs for patients two times per day